Alabama Board of Nursing

Available CE Courses

2021®

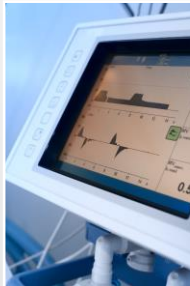# Table of Contents

ABN Provided Classes

Mandatory

YOU MUST COMPLETE EACH COMPONENT OF THE MANDATORY CLASS. Nurses licensed by examination or endorsement in Alabama must complete four contact hours of Board – provided continuing education (CE) related to Board Functions, the Nurse Practice Act, Regulations, Professional Conduct, and Accountability prior to the first license renewal. **CE contact hours will be added to your Individual CE Record upon course completion.**

Practice

Courses will be added directly to your Individual CE record.

Monitoring

Courses will be added directly to your Individual CE record.

Administration

Courses will be added directly to your Individual CE record.

Mandatory Classes

Mandatory Class 1:
Overview of Nurse Practice Act, Board Functions, & Nursing Regulations

Hours: 1.75

Mandatory Class 2:
Licensure & CE Regulations

Hours: 1.50

Mandatory Class 3:
Professional Conduct & Accountability

Hours: 0.75

Mandatory Class 1 Objectives:
1. Discuss the purpose & background of laws regulating nursing.
2. Describe the functions of the ABN, & the composition & minimum qualifications of Board members.
3. Differentiate between Laws & Rules.
4. Locate the Alabama *Nurse Practice Act* ("NPA") & the ABN Administrative Code.
5. Summarize the AL NPA.
6. Summarize regulations that govern nursing in Alabama.

Mandatory Class 2 Objectives:
1. Identify two examples of interstate compacts.
2. Explain the levels of licensure and paths to nursing licensure in Alabama.
3. Define licensure terms, including the multistate practice privilege.
4. Describe licensure types, status, and renewal.
5. Discuss select licensure regulations.
6. Give examples of CE documentation requirements.
7. Understand the implications of the CE earning period in a given situation.

Mandatory Class 3 Objectives:
1. Define accountability, responsibility, and professional boundary.
2. Identify how personal behaviors can violate conduct and accountability rules.
3. Summarize scope of practice for registered nurses and practical nurses.
4. Differentiate between comprehensive and focused assessments.

Advanced Practice Classes
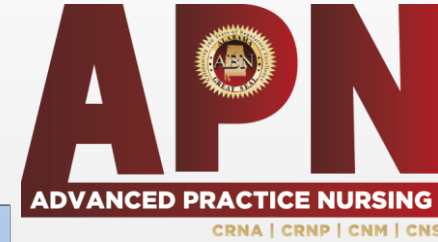
Advanced Practice Nursing – Qualification and Application

Hours: 0.57

Collaborative Practice for CRNP and CNM

Hours: 2.22

1. Reviews the standards, requirements for approval, and the renewal process for Advanced Practice Nursing.

1. Cite the application, approval, and renewal requirements for CRNPs and CNMs in collaborative practice relationship.

2. Identify the credentials required for a CRNP/CNM to enter into a collaborative practice agreement.

3. State the responsibilities of both physicians and nurses in a collaborative practice agreement.

4. Access the regulations for prescribing legend medications and controlled scheduled substances.

5. Recognize the differences between state and federal requirements for controlled substance prescribing.

Advanced Practice Classes
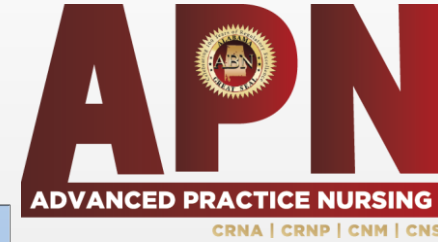
Opioid Pearls and Pitfalls.

Hours: 1.20

Advanced Practice Beyond Basic Education: Opportunities for the Future.

Hours: 1.00

1. Understand the scope of opioid prescribing in Alabama.
2. Review the current guidelines of opioid prescribing in Alabama.
3. Identify the potential risks of prescribing opioids.
4. Review the CDC opioid guidelines.
5. Identify alternatives to commonly used opioids.

1. Discuss the rules governing an APRN's ability to carry out functions beyond basic APRN education.

2. Summarize Standardized Procedures and the ability to apply several factors, including organizational medical protocols, standing orders, and a Standardized Procedure to augment APRN skills and procedures under the oversight of the medical executive committee.

3. Apply the Standardized Procedures rules to a given APRN practice scenario.

4. Compare the use of a Standardized Procedure to the Standard Protocol and a licensed healthcare organization's emergency or disaster plan in allowing APRNs to practice to the full extent of their education, training, and national certification.

Practice Classes

Conflict: An Overview

Hours: 0.80

A Century of Nursing in Alabama

Hours: 0.64

Documentation: A Case Study

Hours: 0.70

1. Define conflict.

2. Describe reasons for conflict.

3. Describe types of conflict.

4. Identify sources of conflict.

5. Describe examples of conflict in the healthcare environment.

6. Examine the impact of conflict on the healthcare environment.

7. Discuss strategies to prevent conflict.

1. Know the year the Alabama Nurse Practice Act was enacted.

2. Summarize the focus of nursing regulation in Alabama through decades.

1. Identify two reasons documentation protects the public.

2. Describe a situation that violates principles of documentation according to the Alabama Administrative Code.

3. Identify three barriers to completing appropriate documentation.

Practice Classes

Understanding Competency

Hours: 1.00

Social Media

Hours:1.30

Scope of Practice for RNs & LPNs

Hours: 1.00

1. Define nursing competency.

2. Identify who needs and who performs competency assessment and the components of each phase.

3. Summarize the three phases of competency assessment and the components of each phase.

1. Define social media.

2. Examine the impact of social media in the healthcare setting.

3. Identify the ethical and legal obligations of healthcare personnel related to social media use in the healthcare setting.

4. Examine strategies for the nurse leaders to manage social media use by healthcare personnel.

5. Discuss how nurse leaders can leverage social media use to promote safe, quality patient-centered care and facilitate team and organizational success.

1. Identify rules and regulations that apply to scope of practice for RNs and LPNs per the ABN Administrative Code.

2. Summarize nursing scope of practice in Alabama.

3. Describe resources provided by the ABN to guide scope of practice decisions.

4. Apply the Scope of Practice Decision-Making Model ABN Administrative Code in two case studies.

Alabama Board of Nursing

Practice Classes

Standardized Procedures: Practice Beyond Basic Nursing Education

Hours: 0.60

Delegation & Assignment: Definitions & the Application of ABN Rules

Hours: 1.30

The Standardized Procedure Application Process

Hours: 1.10

1. Summarize nursing scope of practice.

2. Define standardized procedures.

3. Identify nursing skills or tasks that require standardized procedures.

4. Discuss the requirements for a licensed nurse to perform standardized procedures.

5. Describe the implementation of standardized procedures in healthcare settings.

6. Examine the implications of standardized procedures to nursing practice.

1. Define the terms delegation and assignment.

2. Summarize ABN Rules pertaining to delegation and assignment.

3. Distinguish the difference between delegation and assignment.

4. Apply the principles of delegation and assignments.

1. Define the term standardized procedure.

2. Identify skills which require a standardized procedure.

3. Summarize the standardized procedure application process.

4. State the annual reporting requirements for standardized procedure application process.

Practice Classes

Substance Use & Drug Diversion for Licensees: Recognizing & Intervention for Peers Displaying Diversion Symptoms

Hours: 2.10

Introduction to Crucial Conversations

Hours: 0.60

Professional Communication Techniques

Hours: 1.20

1. Define substance use disorder and drug diversion.

2. Recognize signs of substance use disorder and drug diversion.

3. Perform intervention actions by reporting suspected substance use disorder, impairment, or diversion.

1. Describe crucial conversations.

2. Discuss the importance of crucial conversations.

3. Explain crucial concerns that make up the most frequent topics of crucial conversations.

4. Examine barriers to crucial conversations.

5. Develop strategies to help the nurse leader with crucial conversations.

1. Identify unprofessional communication methods that occur in the workplace.

2. Explain how unprofessional communication methods can lead to unhealthy communication interactions in the workplace.

3. Apply professional communication techniques (Recue & Restore methods) to evaluate and analyze communication behaviors.

4. Utilize professional communication techniques (Restore & Restore methods) to respectfully and openly repair communication interactions.

Practice Classes

Your Body Language May Shape Who You Are: TED Talk

Hours: 0.50

Professional Boundaries

Hours: 0.80

We Need to Talk: Crucial Conversations & the Nurse Leader

Hours: 1.00

1. Identify one's own usual body language.
2. Describe how to perform a Power Pose.
3. Draw conclusions on the impact of a Power Pose on the hormones Testosterone & Cortisol.

1. Define boundaries.
2. Explain the Alabama Board of Nursing (ABN) Administrative Code related to professional boundaries of licensed nurses.
3. Examine possible professional boundary issues.
4. Identify strategies to maintain boundaries.
5. Explain consequences of boundary violations.
6. Examine responsibilities of the nurse leader to professional boundaries.
7. Explain reporting boundary violations.

1. Describe crucial conversations.
2. Discuss the importance of crucial conversations.
3. Explain crucial concerns that make up the most frequent topics of crucial conversations.
4. Examine barriers to crucial conversations.
5. Develop strategies to help the nurse leader with crucial conversations.

Practice Classes

The Enhanced Nurse Licensure Compact

Hours: 0.80

The Power of Civility

Hours: 1.00

Effective Public Speaking: An Opportunity to Showcase Your Leadership

Hours: 0.90

1. Identify key provisions of the Enhanced Nurse Licensure Compact (eNCL).
2. Examine definition changes inherent to the eNCL.
3. Discuss license verification changes for employers.
4. Explain ABN Subscription Service changes.

1. Define civility and incivility.
2. Describe the impact of incivility in the patient care environment.
3. Discuss strategies for nurse leaders to demonstrate and foster civility.

1. Discuss the basic principles of public speaking.
2. Apply the basic principles of public speaking in a scenario.
3. Discuss effective strategies for managing apprehension associated with public speaking.
4. Explain the importance of effective public speaking in nurse leaders.

Practice Classes

Workplace Incivility, Bullying, & Violence: A Threat to Nurse & Patient Safety.

Hours: 0.80

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1. Behaviors reflecting incivility, bullying, and workplace violence.

2. Discuss the impact of aggressive behavior on nurses, patients, and organizations.

3. Consider strategies to reduce harmful behaviors imposed on others in the workplace.

Content Coming Soon

Content Coming Soon

Monitoring Classes

Monitor Training for Employers

Hours: 0.80

Substance Use Disorder in Nursing & the Voluntary Disciplinary Alternative Program (VDAP)

Hours: 0.80

1. Discuss reasons for licensure sanctions and remediation for continued licensure.

2. Differentiate between the ABN's two monitoring programs: Probation and the Voluntary Disciplinary Alternative Program (VDAP).

3. Explain the role of employers in monitoring nursing practice.

4. Summarize common monitoring stipulations detailed in an ABN Order or VDAP Agreement.

5. Describe components to be included on the Online Employer Quarterly Report submitted to the ABN.

6. Identify employment restrictions which apply to all monitored nurses and others which may apply to some monitored nurses.

7. Name available tools and resources for employers of monitored nurses.

1. Describing substance use disorder and its incidence in nurse.

2. Summarizing the pathophysiology of substance use disorder and risks that may contribute to its development.

3. Discussing the ABN's legal authority to offer VDAP.

4. Identifying issues of nurse impairment and diversion that can impact patient safety and associated nurse leader interventions.

5. Applying tools to facilitate nurse re-entry into the workplace.

Administration Classes

Delegation for Leadership

Hours: 0.90

Medication Administration & Safety for Charge Nurses

Hours: 2.50

Drug Diversion: Information for Nurse Leaders

Hours: 1.80

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1. Discuss reasons for managers or executives to develop delegation skills.

2. Verbalize the values of effective delegation.

3. Identify questions that must be answered prior to delegation of tasks.

4. Identify guidelines & common mistakes in delegation.

5. Discuss strategies for improving delegation skills.

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1. Identify and apply the Alabama Administrative Code for medication administration and safety.

2. Identify the general principles in medication administration.

3. Define the legal liabilities of a charge nurse.

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1. Summarize types of risk from diversion in healthcare facilities.

2. Describe barriers to colleague confrontation & reporting.

3. Identify best practices in diversion investigations.

4. List two types of monitoring at ABN (Nursing practice re-entry).

5. Recall facility & patient risks of diversion.

Administration Classes

Discipline Basics & Just Culture

Hours: 1.20

1. Discuss discipline basics.
2. Explain the Just Culture concept.
3. Discuss the benefits of a Just Culture.
4. Identify human behaviors described by the Just Culture Model.
5. Discuss the application of Just Culture discipline by nurse managers.
6. Discuss the application of Just Culture discipline by the Alabama Board of Nursing, or ABN.

Effective Communication for Nurse Leaders

Hours: 1.00

1. Define effective communication.
2. Describe effective communication.
3. Identify the styles of communication.
4. Discuss assertive communication strategies.
5. Discuss leadership communication to facilitate effective and professional therapeutic communication verbally, electronically, and in written form with culturally diverse front-line staff, administrative equals, and organizational leaders.
6. Discuss tools for effective communication as a nurse leader.

Leading a Diverse Nursing Team

Hours: 0.90

1. Define diversity and summarize its significance in the workplace.
2. Define emotional intelligence (EI), generational differences, and cultural diversity.
3. Relate emotions to professional behavioral standards.
4. Discuss the importance of using emotional intelligence to improve relationships, manage differences, and promote quality patient-centered care.
5. Explain the impact of generational differences and describe strategies to use generational diversity to improve relationships, manage differences, and promote patient-centered care.
6. Explain the impact of cultural diversity and describe and describe strategies to use cultural diversity to improve relationships, manage differences, and promote patient-centered care.

Administration Classes

Decision-Making: A Critical Competency for Nurse Leaders

Hours: 1.00

The Role of the Nurse Leader in Detecting Conflict

Hours: 1.00

The Nurse Leader's Guide to Social Media Use in the Workplace

Hours: 0.70

1. Define decision-making.

2. Use the Alabama Board of Nursing (ABN) Scope of Practice-RN/LPN Decision Making Model to make decisions in a simulated situation.

3. Define delegation, accountability, responsibility, and supervision.

4. Explain the principles of delegation.

5. Explain the ABN Standards of Practice related to delegation.

6. Discuss strategies by the nurse leader to improve delegation skills.

7. Use the ABN Scope of Practice-RN/LPN Decision Making Model to delegate in a simulated situation.

1. Describe the manifestations of conflict.

2. Discuss the role of the nurse leader in the detection of conflict among frontline staff, administrative equals, and organizational leaders.

3. Apply the Alabama Board of Nursing (ABN) Scope of Practice-RN/LPN Decision Making Model to make decisions in a simulated conflict situation.

1. Define social media.

2. Examine the impact of social media in the healthcare setting.

3. Identify the ethical and legal obligations of healthcare personnel related to social media use in the healthcare setting.

4. Examine strategies for nurse leaders to manage social media use by healthcare personnel.

5. Discuss how nurse leaders can leverage social media use to promote safe, quality patient-centered care and facilitate team and organizational success.

Administration Classes

An Introduction to Conflict Management for Nurse Leaders

Hours: 0.60

Applying Strategies to Manage and/or Resolve Conflict

Hours: 1.20

Conflict Management Strategies for Nurse Leaders

Hours: 1.00

1. Define conflict management.
2. Discuss strategies for nurse leaders to avoid conflict.
3. Identify objectives of conflict management.

1. Discuss strategies to manage conflict and mitigate risk among frontline staff, administrative equals, and organization leaders, and ensure safety of the workplace.

2. Determine the best approach to conflict in a simulated situation.

3. Discuss the importance of documenting conflicts.

1. Discuss strategies for nurse leaders to manage conflict and mitigate risks among frontline staff, administrative equals, and organizational leaders, and ensure safety of the workplace.

Administration Classes

Critical Thinking & Clinical Reasoning

Hours: 0.50

1. Define critical thinking and clinical reasoning.
2. Describe the relationship between the nursing process and critical thinking.
3. Explain the significance of critical thinking to nursing leadership.
4. Identify resources to improve critical thinking and clinical reasoning skills.

Service Recovery in Difficult Situations

Hours: 1.30

1. Understand the differences between patient rights, concerns, and grievances.
2. Develop a framework for communication in difficult situations.
3. Identify best practices for service recovery.
4. Discuss regulations and risk management related to grievances.

Crucial Concerns & conversations in Healthcare

Hours: 1.00

1. Describe crucial conversations.
2. Discuss the importance of crucial conversations.
3. Explain concerns that constitute the most frequent topics of crucial conversations.
4. Examine barriers to crucial conversations.
5. Develop strategies to manage crucial conversations.

Administration Classes

Managing Healthcare Business Resources

Hours: 1.30

Emotional Intelligence in Healthcare

Hours: 1.00

Clinical Policy & Procedure Development

Hours: 1.60

1. Identify healthcare business resources.
2. Describe effective management of resources.
3. Discuss the importance of managing those resources effectively.

VIDEO SAYS ERROR

1. Describe types and the purpose of clinical policies and procedures.

2. Identify content to include in clinical policies and procedures.

3. Discuss maintenance of clinical policies and procedures.

4. Define competency assessment.

5. Develop clinical policies, procedures, and competency assessments.

Administration Classes

Therapeutic Relationships: Defining Nursing Boundaries

Hours: 1.3

Principles of Leadership

Hours: TBD

Coaching & Providing Constructive Feedback

Hours: TBD

1. Define professional nursing boundaries.

2. Explain provisions of the ABN Administrative Code related to professional boundaries.

3. Examine nurses' professional boundaries.

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Administration Classes

Culture Development: Pillars of Leadership Hours: TBD	**Managing Change & Developing Action Plans** Hours: TBD	**Accreditation, Licensure, Certification, & Regulation** Hours: TBD
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Other: Non-ABNP Classes

Courses will not be added to your Individual CE Record.
You must manually add the course/certificate to your Individual CE Record.

Non-ABNP Classes

Health Literacy for Public
Health Professionals

Hours: 1.00

Opioid Use Disorder
Education Courtesy of CPNP

Hours: Varies

Understanding Substance Use
Disorder Courtesy of NCSBN

Hours: 4.00

Medscape: Various Courses

Hours: Varies

Heeding the Call for Safe and
Responsible Pain
Management in Our
Communities

Hours: 1.5

Nurse Manager Guidelines for
Substance Use Disorder
Courtesy of NCSBN

Hours: 3.00

Non-ABNP Classes

Putting Pressure on Opioid Prescribing: Novel Approaches to Pain Management
Hours: 1.5

Time to Listen: What the Experts Have to Say About Safe Opioid Prescribing and Addiction Treatment

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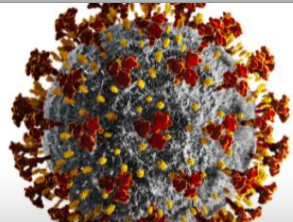
Addressing the Opioid Epidemic: Reducing the Burden of Pain in a Changing Treatment Landscape (Part 1 of 3)

Addressing the Opioid Epidemic: New Approaches to Safe & effective Pain Management (Part 2 of 3)

Addressing the Opioid Epidemic: Principles of Communication & Recognizing Patient Needs (Part 3 of 3)

COVID-19 Non-ABNP Classes

Earn 13 hours of CE on COVID-19!

Mechanical Ventilation for COVID-19

This course will provide licensed medical professionals with an understanding of mechanical ventilation so they can assist with the operation of mechanical ventilators during the COVID-19 pandemic.

What you'll learn

- Principles and physiology of mechanical ventilation
- Initial ventilator settings and adjusments
- Troubleshooting the ventilator
- Ventilating patients in special circumstances including Acute Respiratory

- Distress Syndrome and Obstructive Lung Disease
- How to evaluate a patient for extubation readiness and conduct the extubation procedure
- How standard ventilation practices are different in COVID-19 patients

Features, Evaluation, and Treatment of Coronavirus (COVID-19)

Coronavirus disease 2019 (COVID-19), the highly contagious infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), has had a catastrophic effect on the world's demog ...

Rating: 4.57
Hours: 1.5

AMERICAN ASSOCIATION of CRITICAL-CARE NURSES

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Education › Online Courses › COVID-19 Pulmonary, ARDS and Ventilator Resources

COVID-19 Pulmonary, ARDS and Ventilator Resources

To date, the most serious reported symptoms from COVID-19 are pulmonary complications. "COVID-19 Pulmonary, ARDS and Ventilator Resources" quickly provides learners with the knowledge and resources to provide essential care to ICU patients with coronavirus.

To support you and other nurses who need to cross train to care for patients with COVID-19, AACN is making this eLearning course available for all nurses, at no charge, to provide vital resources during this challenging time.

Get Started

COVID-19: Epidemiology, Modes of Transmission and Protecting Yourself with PPE

Epidemiology and Modes of Transmission is an essential, free online short course for new nurses and nurses returning to practice during the COVID-19 pandemic. Established nurses will also find the...

Self-paced

COVID-19: Nursing Care

Nursing Care is a free, online short course for new nurses and nurses returning to practice during the COVID-19 pandemic. Established nurses will also find the information in this course valuable...

Self-paced

COVID-19: Basic Law and Ethics for Nurses During COVID-19 (C19)

This course provides a basic overview of federal and state law within the context of public health emergencies, such as the novel coronavirus or COVID-19 pandemic.

Self-paced

COVID-19: Credible Health Information, Hoaxes and the Media

Credible Health Information, Hoaxes and the Media is a 15-minute online short course that will give you some tools for leveraging the trust the public places in nurses and other health care workers to...

Self-paced